

<b>Risk Assessment Details ID: RA_PESS_39037 Rev No: 1 Draft ID: 0</b>			
<b>User's School/ Department:</b>	Physical Education & Sports Science	<b>Project Title:</b>	Risk assessment for activities at Hockey Pitch
<b>Workplace:</b>	National Institute of Education	<b>Other workplace:</b>	-
<b>Location:</b>	NIE5	<b>Conducted By:</b>	Muhammad Khair Mohamed Yunus(khair.yunus);Chew Ann Soon(annsoon.chew);Tang Tsou-Tinn, Samantha(samantha.tang),
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<b>Approved/Rejected Date:</b>	08-Nov-18	<b>Next Review Date:</b>	07-Nov-21
<b>Status:</b>	Approved	<b>Comments:</b>	Approved

1. Hazard Identification					2. Risk Evaluation				3. Risk Control				
1a.	1b.	1c.	1d.	1e.	2a.	2b.	2c.	2d.	3a.	3b.	3c.	3d.	3e.
No.	Work Activity	Hazard	Sub Hazard	Possible Accident/III Health & Person-at-Risk	Existing Risk Control	*S	*L	*R	Additional Risk Control	*S	*L	*R	Follow Up by & date
1	Playing of rugby, hockey, softball and soccer	Mechanical	Strike against	Others:Bodily injuries from being hit by balls, bats, sticks and collision with other users	1) Recognised teaching methods. 2) All users to observe the games rules for the particular sport. Users will be removed from the pitch if they engage in unsafe play. 3) Equipment to be checked prior to usage. 4) Any equipment found to be defective is not used and removed for repair or disposal. 5) Ensure that all equipment is suited to the size, strength and ability of the users. 6) Users advised to wear appropriate footwear. 7) First aid kit readily available. 8) Close monitoring by faculty.	2	1	2	NA				

2	General - playing of all games	Psychosocial	Others:Medical conditions of users	Others:Bodily injuries from past injuries or existing medical conditions	1) Users are reminded to bring medication which they require. 2) Ensure that users are fit to participate, e.g PESS students have to pass PPT tests and pass medical examination. SSM students have to declare that they are fit to participate in the sports elective. 3) If user has a medical condition, he/she is advised to inform faculty. 4) Ensure that users do not return to playing after an injury until it is clear that the injury has healed. If there is any doubt, users should not play until medically cleared. 5) Close monitoring by faculty.	2	2	4	NA				
		Mechanical	Strike against	Others:Bodily injuries	1) Ensure goal posts are securely set up before start of game. 2) Soft cover for water system for hockey pitch. 3) Visual inspection by faculty before start of game. 4) Regular inspection by facilities staff to ensure that posts are in good working conditions. 5) Posts that are not in good condition are replaced promptly.	2	1	2	NA				
		Physical	Others:Dehydration	Others:Fainting	1) Regular breaks and access to water coolers. 2) Recognised teaching methods. 3) Outdoor classes are held early in the morning or in the evening whenever possible. 4) Users who are unwell must not participate or continue their physical activities. 5) Close monitoring by faculty.	3	1	3	NA				
		Others:Unauthorized usage of facility	Others:Usage without permission	Others:Bodily injuries	1) Booking required for usage of facility. 2) Users are briefed on rules and regulations. 3) Sports facility closes at 7pm on weekdays and during weekends to prevent unauthorized usage. 4) Regular inspection by security to ensure no usage when facility is closed.	2	1	2	NA				
		Others:Environment	Others:Inclement weather - Haze and thunderstorm	Others:Lightning attacks, asthmatic attacks and other respiratory ailments	1) Facilities staff to check weather conditions from NEA website. 2) If there is inclement weather, facilities staff will do regular inspection to ensure no usage of facilities. 3) To follow SOPs with regards to play during haze. 4) Regular maintenance of lightning protection. 5) Close monitoring by faculty.	2	2	4	NA				

		Psychosocial	Fatigue	Sprains, strains	<ul style="list-style-type: none"> <li>1) All lessons to have regular breaks in between.</li> <li>2) Faculty to remind users to take a break and to hydrate themselves.</li> <li>3) Faculty to do regular checks on users well-being.</li> <li>4) Recognised teaching methods.</li> <li>5) Ensure appropriate warm-up and cool-down activities.</li> <li>6) Advise users to rest if they feel unwell.</li> <li>7) Exempt users who are unwell from physical activities.</li> <li>8) Close monitoring by faculty.</li> </ul>	2	1	2	NA				
		Biological	Contact with or infection by bacteria, virus or fungal spores	Others:Infections	<ul style="list-style-type: none"> <li>1) Users with open cuts and abrasions are to be removed from the activity and treated immediately.</li> <li>2) If bleeding cannot be controlled completely, users should not be allowed to return to the activity.</li> <li>3) All clothing, equipment and surfaces contaminated by blood should be treated as potentially infectious.</li> <li>4) Have sufficient and suitable containment material (bandages, etc) readily available.</li> <li>5) Ready access to qualified first aider.</li> <li>6) Close monitoring by faculty.</li> </ul>	2	1	2	NA				
		Physical	Trip, slip and fall on same level	Others:Bodily injuries	<ul style="list-style-type: none"> <li>1) Inform maintenance to replace faulty lighting</li> <li>2) Ensure that equipment not in use is placed at the side of the pitch so that there is no improper storage of PE equipment in court area during training.</li> <li>3) Warn users of the danger of wearing inappropriate footwear.</li> <li>4) Regular inspection by facilities staff.</li> <li>5) Checks by faculty before start of lesson.</li> <li>6) Close monitoring by faculty.</li> </ul>	2	1	2	NA				