From August to September 2015, PESS had the great pleasure to host the 8th E.W. Barker Professor, Professor Theodore Angelopoulos from the United States. Prof Angelopoulos is a renowned professor in the area of physiogenomics related to human performance and health. He delivered a series of public lectures and seminars at NIE, Sport Singapore and Singapore Sports School.

We were also delighted to have the following visiting scholars with us:

- Dr Erik Backman (Senior Lecturer in Educational Sciences, Swedish School of Sport and Health Sciences, Sweden)
- Prof Kaoru Kitagawa (Professor of Exercise Physiology, Chukyo University, Japan)

A newsletter devoted to updates on research in the Physical Education and Sports Science Academic Group

Events & People

- Ast/P Stephen Burns (Principal Investigator) and Dr Saravana Pillai s/o Arjunan won the 4th BASF Newtrition™ Asia Research Grant to examine exercise and fat metabolism.
- Prof John Wang (Principal Investigator) and Ast/P Adrian Kee were funded by the National Research Foundation (NRF) Science of Learning Initiative Planning Grant for their project on an integrative mental skills training system and peak performance in learning.
- Ast/P Adrian Kee (Principal Investigator) also received another NRF Science of Learning Initiative Planning Grant for his study on getting senior citizens to learn computer coding.
- Ast/P Leng Ho Keat (Principal Investigator) was supported by Sport Singapore to conduct research on sponsorship in Singapore.
- Ast/P Veni Kong (Principal Investigator), in partnership with NTU, Singapore General Hospital, Tan Tock Seng Hospital and Loughborough University, were supported by the MOE Academic Research Fund Tier 1 to develop a clinical foot assessment device.
- In collaboration with the Chinese University of Hong Kong, Ast/P Veni Kong (Co-Investigator) was awarded a grant to study the biomechanical and psychological processing of rope-skipping.

Awards and Grants


Selected Publications

- Five Master and PhD students received the NIE Dean’s Commendation for Research 2015 in recognition of their peer-reviewed publications: Abdul Rashid Bin Aziz, Cai Congcong, Haresh Suppiah, How Yew Meng, and Lee Chang Yi Miriam.
- Three PhD students have confirmed their candidature: Shannon Chia, Jamie Lye, and Jesudas Emanuel Menon.

Students’ Corner

- Jacinta Yeo Huiling (Class of 2015) was awarded the Lau Teng Chuan Book Prize which recognised the best overall graduate in the Master of Science (Exercise and Sport Studies).
- Haresh Suppiah (supervised by Prof Michael Chia) won the first prize in the 3-Minute Thesis Competition at the NIE Graduate Student Day 2015.
- In the SSM programme, 65 Final Year Projects and 3 Undergraduate Research Experience on Campus (URECA) Projects (Matthew Mohan, Koh Jia Yi, Terence Tan Yi Hao) were completed in 2015.